



This is how he was tortured in Chile: the book that collects the stories of the Valech Report

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This is a shocking book that immerses us in one of the darkest chapters in the contemporary history of Chile. Written by the renowned Chilean writer and thinker Pablo Dittborn Barros, this is a promoter of reading, all culture and criticism of the authoritarian regime of a military dictatorship. This work becomes a courageous and necessary testimony that seeks to shed light on the horrors of the Pinochet dictatorship. Its main purpose is to invite us to confront a painful reality, to know closely the testimonies of the victims of torture and violence during that period, and to never forget what happened.

It invites readers to immerse themselves in one of the darkest and most disturbing chapters of Chilean history. Published in response to the Report of the National Commission on Political Prisoners and Torture, this book unveils a traumatic past that many would prefer to forget but should never be ignored. In November 2004, when the report of the Valech Commission was made public, the country was stunned to learn the details of the horrors that took place during the years of the civil-military regime in Chile. The brutal accounts of torture, unimaginable suffering, and the extent of the systematic brutality of the Chilean state left an indelible mark on the national conscience.

This book stands as a necessary reminder of the heinous crimes committed during this dark period in Chile's history. From the first-person accounts, readers are introduced to the real and shocking testimony of the victims who suffered these inhuman torments. From beatings, to the application of electricity, to asphyxiation and sexual humiliation, the book breaks down the brutality of these methods of torture in a way that is impossible to ignore. The work also explores the physical and psychological scars that the torture left on the victims and how their lives and those of their families were irreparably affected.

In my opinion it is a courageous and necessary testimony that reminds us of the importance of facing the past and making sure that these horrors never happen again. This being a work that offers a complete and chilling look at a dark period in the country's history it is highly recommended for scholars, researchers, criminologists, forensic scientists and those curious enough. From this I hope that society will learn that the pain and suffering that not only affects the individual affected, but passes on to others, so serious is the condition that it passes from generation to generation. At the same time, they should not tolerate this type of acts against humanity, both in their societies of origin and in others.